

# INTERNATIONAL KYOKUSHIN BUDOKAI KAN POLAND



Invites you to IBK Summer Camp  
in Poland

**Place:** IBK Summer Base in Niekursko  
ul. Poznańska 4

**Date:** 27-30 June 2024

**Fees:** 135 euro (accomodation, meals,  
training, outdoor swimming pool, sauna,  
gym, campfire)



**Sequence of applications applies**

## **INSTRUCTORS:**

Hanshi Tomasz Olejnik	8 Dan (Poland)
Hanshi Mladen Sancic	8 Dan (Croatia)
Hanshi Henrik Pap	8 Dan (Hungary)
Shihan Simona Schulze	5 Dan (Germany)
Shihan Robert Miskow	5 Dan (Ireland)
Sensei Arkadius Swiader	4 Dan (Sweden)
Sensei Alec Kuipers	3 Dan (Netherlands)

**Application:** by 10<sup>th</sup> May 2024

**CONTACT:** Hanshi Tomasz Olejnik  
mail: [hanshitomek@o2.pl](mailto:hanshitomek@o2.pl)  
533 799 533

OSU!

## CAMP SCHEDULE:

<b>DAY</b>	<b>HOUR</b>	
1. Thursday	14:00	Lunch
	16:30-18:30	Outdoor training
	18:30	Dinner
2. Friday	8:30	Breakfast
	10:30-12:30	Training
	14:00	Lunch
	16:30-18:00	Training
	18:30	Dinner
	20:00	Instructors Meeting
3. Saturday	8:30	Breakfast
	10:30-12:30	Training
	14:00	Lunch
	16:30-18:00	Training
	18:30	Dinner
	20:00	Campfire
4. Sunday	8:30	Breakfast
	9:30	Training