



***INTERNATIONAL
IBK
CHAMPIONSHIPS***

KŁECKO 16.11.2024

1. GENERAL INFORMATION

The purpose of the event is to popularize Kyokushin Budo Kai, create the opportunities for competitors to meet and rivalry. Promotion of martial arts and idea of fair play, selecting the best competitors and exchange of experience between trainers.

Place:

SPORTS HALL IN KŁECKO

Gnieźnieńska 7a

Date:

16. 11. 2024.

9.00 - 20.30

Competitions:

- Kumite knockdown
- Kumite grappling
- Semi karate
- K1 (from the age of 16)
- MMA (from the age of 16)

Conditions of participation:

- valid document with a photo
- valid medical tests
- underage person – written parental consent
- white, clean karate-gi and required protectors
- competitor application until 5.11. 2024.
- **every competitor must have valid insurance!!!**

Referees:

Every instructor can be a referee provided:

-they have valid referee rights

-they have referee's outfit: black trousers, white shirt, black/dark tie, whistler (referees from other organizations can wear their organizational outfit)

Starting fee:

For competitors who are members of Kyokushin Budo Kai the start is free of charge.

For others organizations and karate styles – starting fee 100 zloty

The starting fee is paid by the clubs on the day of the competition.

2. APPLICATIONS

Applications need to be send until 5.11.2024.

On e-mail adress: dariakuszek2@gmail.com on the official form.

Info.: Daria Kuszak tel. 669 109 660

3. WEIGHING

Control of the valid medical tests and weighing are obligatory for every competitor. They are starting

-at 9.00 for knockdown, grappling, semi karate

- at 15.00 for K1/MMA

on the day of competition (16.11.2024) in weighing room.

4. COMPETITION PROGRAM

09.00 - 10.00 – Competitors control and weighing

10.00 - 10.30 – Meeting of the referees

10.30 – 14.30 – Eliminations and finals (knockdown/grappling/semi karate)

14.30 – 15.15 – Decoration of the winners

15.00 – 15.30 – Weighing K1/MMA fighters

15.15 – 18.30 – Lunch break

18.30 – 20.30 – K1 and MMA gala (competitors need to be in weighing room 30 minutes earlier – at 18.00)

5. PRIZES

1 st place – cup, medal, certificate;

2 nd and 3 rd place – medal, certificate;

Special prizes:

Cup for the best male competitor and for the best female competitor.

6. RULES AND REGULATIONS:

6.1 KUMITE KNOCKDOWN

To win competitor must obtain one IPPON or two WAZARI.

It is possible to choose the winner by referees decision (based on technical level and commitment to fight) or opponent's surrender.

There are 5 referees – 4 side and 1 mat/ring referee.

To choose the winner, it is necessary to be indicated by min. 3 referees.

Disputes will be solved by the main competition referee.

Main competition referee's decision is definitive. Protests are not foreseen.

Fundamental foul is tantamount to losing a fight – by decision of mat/ring referee.

Ippon is scored by:

- pure, hit mawaschi kick to the head (juniors)

- execution of a technique which takes the opponent out of the fight for min. 10 sec. (applies only to permitted techniques)

- if competitor inform referee that he/she is not able to continue the fight.

Wazari is scored by:

- execution of a technique which had an effect on the opponent (applies only to permitted techniques).

Allowed techniques:

- *all chudan, gedan kicks*
- *mawaschi and frontal kicks to the head and hizageri - jodan*
- *chudan punches*
- *1 sec. tug*

Not allowed techniques :

- *kicks and punches to the knee, calf, groin, neck, spine, back of the head.*
- *pushes with the head.*
- *holding an opponent's gi for more than 1 sec.*
- *any attacks on the back area.*
- *punching or kicking a lying down opponent.*
- *failure to comply with the referee's instructions during the fight.*

AUTOMATIC DISQUALIFICATION:

- *When the competitor does not appear in the ring 20 sec. After being called.*
- *When the competitors do not express their commitment to fight.*
- *When the competitor insult the referee/opponent during the fight.*

6.2 SEMI KARATE

The whole fight decides about winning or KO or the fight can be stopped in case of a large difference in the quality of the fight, that can be unsafe for the one of competitors.

It is possible to choose the winner by referees decision (based on technical level and commitment to fight) or opponent's surrender.

There are 3 referees and 1 mat/ring referee.

To choose the winner, it is necessary to be indicated referees.

Disputes will be solved by the main competition referee.

Main competition referee's decision is definitive. Protests are not foreseen.

Fundamental foul is tantamount to losing a fight – by decision of mat/ring referee.

Allowed techniques:

- *all kicks to the head*
- *all chudan and jodan punches*
- *all chudan and gedan kicks.*

Not allowed techniques:

- *punches and kicks to the neck, calf, spine, groin, bladder, joints, back of the head*
- *punches with the head*
- *punching or kicking a lying down opponent.*

- *failure to comply with the referee's instructions during the fight.*

Obligatory protectors:

- *boxing helmet with mask*
- *boxing gloves min. 10 oz*
- *shin and foot protector*
- *body protector (up to the age of 14)*
- *breast protector (not a chest protector)(women)*
- *groin protector (men)*

AUTOMATIC DISQUALIFICATION:

- *When the competitor does not appear in the ring 20 sec. After being called.*
- *When the competitors do not express their commitment to fight.*
- *When the competitor insult the referee/opponent during the fight.*

6.3 GRAPPLING

- *The fight lasts 2 minutes or until the opponent's surrender.*
- *Competitor can surrender by patting the mat.*
- *Trainer can submit his competitor's fight by throwing a white towel on the mat or by shouting „mate”.*
- *There is two referees.*
- *Holds are announced with the command „osaekomi”, ends with the command „yame” or „stop”, stopped by command „wyszedl” (when the competitor is out of the mat, but this command does not stopping the fight).*

The fight can be won by:

- *Suffocation that forces the opponent to surrender.*
 - *Holding the opponent on the back in any hold for 10 sec.*
 - *Arm bar*
 - *Chudan and gedan punches and kicks**
- * from the age of 14*

Not allowed is:

- *Standing up from the knees*

- *Attack on the eyes, hair, throat or genitals*
- *Suffocating with the hands (only forearm)*
- *Punches and kicks on the back or head.*

6.4 CATEGORIES - KUMITE KNOCKDOWN, KUMITE GRAPPLING AND SEMI KARATE

-Children 7 years old and younger

Boys: one category

Girls: one category

- Children 8-9 years old

Boys: -25 / +25 kg

Girls: - 25/+25 kg

- Children 10-11 years old

Boys: -30 / +30 kg

Girls: - 30 / +30 kg

Fight time: 1,5 min

Extra time: 1 min

Weigh - if the weigh difference is less than 2kg, there is a 1 min extra time, after extra time the referees have to choose the winner.

Obligatory protectors: boxing helmet with mask, grappling gloves, shin and foot protector, groin protector (boys), breast protector (girls), mouthguard.

- Children 12-13 years old

Boys: - 50 / + 50 kg

Girls: -45 / + 45 kg

Fight time: 2 min

Extra time: 1 min

Weigh- if the weigh difference is less than 2kg, there is a 1 min extra time, after extra time the referees have to choose the winner.

Obligatory protectors: boxing helmet , grappling gloves, shin and foot protector, groin protector (boys), breast protector (girls), mouthguard.

- Juniors 14 -15 years old

Boys: -50kg / - 60 kg / +60 kg

Girls: - 55 kg, +55kg

Fight time: 2 min

Extra time: 1 min

Weigh - if the weigh difference is less than 2kg, there is a 1 min extra time, after extra time the referees have to choose the winner.

Obligatory protectors: boxing helmet , shin and foot protector, groin protector (boys), breast protector (girls), mouthguard, (grappling gloves allowed).

- Juniors 16 -17 years old

Boys: -60 kg/-70kg / +70 kg

Girls: -55kg/-65kg / +65 kg

Fight time: 2 min

Extra time: 1,5 min

Weigh - if the weigh difference is less than 3kg, there is a 1,5 min extra time, after extra time the referees have to choose the winner.

*Obligatory protectors: boxing helmet, groin protector (boys), breast protector (girls), mouthguard.
(grappling gloves and shin+foot protector allowed)*

- Senior +18

Fight time: 3 min

Extra time: 2 min

Weigh - if the weigh difference :

-is less than 3kg (men),

-is less than 2 kg (women),

there is a 2 min extra time, after extra time the referees have to choose the winner..

6.5 K1/MUAY THAI OR MMA

This competition will be rely on International K1/MMA rules.

NOT ALLOWED are punches with an elbow to the head and kicks to the calf and joints!

Fight time: 2 x 5 min

Obligatory protectors:

- MMA: mouthguard, groin protector, breast protector (women), MMA gloves.

- K1/MUAY THAI: mouthguard, groin protector, breast protector (women), boxing gloves min. 12 oz.

8. FINAL PROVISIONS

- International IBK Championships are rely on Kyokushin Budo Kai rules.
- Organizer does not have to provide protectors.
- Organizer asks for timely applications.
- Matters not covered by the rules are decided by the organizer and the main referee.
- Organizer has the rights to make changes in the regulations.
- Other informations about Championships you can obtain from Sensei Daria Kuszak tel.669 109 660

On behalf of Kyokushin Budo Kai Poland

I wish you all many sport success and an unforgettable experiences. OSU!

Sensei Daria Kuszak

Statment for person under 18 years of age

(filled by parent)

MIĘDZYNARODOWE MISTRZOSTWA IBK W KŁECKU 16.11.2024r.

I, the undersigned

Consent to the participation of my son/my daughter

Born (date of birth)

From the club (full name of the club)

.....

in competition date

I declare, that my son/daughter is competing in International IBK Championships in knockdown/grappling/semi karate to my responsibility. I accept that the organizer is not responsible for any resulting injures or disorders. I declare that my son/daughter has valid insurance during the competitions and valid medical tests. I know and accept the conditions and rules of the Championships.

I confirm that:

- he/she is actively involved in sport;
- does not have any medical or health objections to participate in International IBK Championships.

Competitor signature

Competirot's parent signature

.....

.....

Application form
Niniejszym zgłaszam swój udział w:
MIĘDZYNARODOWYCH MISTRZOSTWACH IBK W KLECKU
16.11.2024r.

Name and surname:
Date of birth:
Place of birth:
PESEL number (if you have):
Phone number :
Club :
Weigh:

OŚWIADCZENIE

Ja, niżej podpisany/a, niniejszym dobrowolnie składam to "Zgłoszenie udziału w zawodach" oraz „Oświadczenie”. Niniejszym oświadczam, że jestem świadomy/a ryzyka wynikającego z wzięcia udziału w w/w zawodach w wybranej przeze mnie konkurencji. Znam zasady walki, obowiązujące regulaminy i przepisy. W pełni i bez jakichkolwiek zastrzeżeń zwalnam organizatorów zawodów , ich Zarządy, sędziów, instruktorów, pracowników, przedstawicieli, członków, autoryzowanych i zaproszonych gości od jakiegokolwiek odpowiedzialności wynikającej z zaistniałego wypadku, kontuzji lub utraty zdrowia, którego to wydarzenia mógłbym/mogłabym być ofiarą lub powodem. W przypadku zaistnienia jednej z powyższych sytuacji, w których stałbym się / stałabym się biernym lub czynnym uczestnikiem walki, jak również w razie osobistego urazu lub wypadku powstałego w wyniku umyślnego, przypadkowego, normalnego, nienormalnego zastosowania techniki w czasie walki nie będę –występował(a) z żadnymi roszczeniami prawnymi i finansowymi przeciwko organizatorom zawodów IBK Poland, ich Zarządom, sędziom, instruktorom, pracownikom ,przedstawicielom, członkom, autoryzowanym i zaproszonym gościom. Ponadto oświadczam, że posiadam aktualną kartę zdrowia sportowca, potwierdzającą mój dobry stan zdrowia, a także aktualne ubezpieczenie od następstw nieszczęśliwych wypadków. Wyrażam ponadto zgodę, by wszelkie dostarczone przeze mnie reprodukcje podobizny mojej osoby, stworzone w dowolny sposób oraz wszelkie reprodukcje podobizny mojej osoby wykonane w związku z wyżej wymienionymi zawodami były wykorzystywane w dowolnej formie i w dowolny sposób, między innymi - choć nie wyłącznie - do celów reklamowych, promocyjnych, na kasetach wideo, w filmach, telewizji, telewizji kablowej, materiałach szkoleniowych, i rezygnuję z wszelkich związanych z tym wynagrodzeń. IBK Poland jest wyłącznym właścicielem wyżej wymienionych reprodukcji. Rezygnuję również z wszelkich roszczeń, jakie mógłbym / mogłabym mieć w związku z naruszeniem prywatności, zniesławieniem, lub w oparciu o wszelkie inne podstawy powództwa, wynikających z wyprodukowania, dystrybucji, nadania, rozpowszechniania, promocji, wystawienia na widok publiczny lub wykorzystania w jakikolwiek inny sposób mojej podobizny lub występu nagranych lub sfotografowanych w związku z w/w zawodami. Niniejsze oświadczenie nie podlega zmianom ustnym.

....., date20..... r.
/place/ /competitor signature/

Potwierdzam zgodność powyższych danych i autentyczność podpisu. Stwierdzam, że nasz zawodnik/ zawodniczka spełnia wymagane regulaminami i przepisami wymogi udziału w zawodach.

....., date.....20..... r.
/place/ /club stamp/ /Manager's stamp and signature/

NAME OF THE CLUB:

.....

Knockdown/Grappling/Semi karate/K1/MMA

Na Międzynarodowych Mistrzostwach IBK - Klecko 16.11.2024r.

<i>LP.</i>	<i>Surname</i>	<i>Name</i>	<i>Birth date</i>	<i>Weigh</i>	<i>Category</i>
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					

All of my competitors have valid medical tests and insurance.

I know and accept the conditions and rules of the Championships.

.....

Manager's Signature and stamp